



The Performatots Bistro

LUNCH MENU

MONDAY WEEK 1

MAIN: Homemade Salmon and Broccoli
Pasta Bake
DESSERT: Fresh Fruit

TUESDAY WEEK 1

MAIN: Delicious 5-Bean Chilli, served with
Tortillas and Sour Cream

WEDNESDAY WEEK 1

MAIN: Sticky Sweet & Sour Vegetable Stir-
Fry, served with fluffy rice
DESSERT: Fresh Fruit

THURSDAY WEEK 1

MAIN: Crispy Oven-Baked Jacket Potatoes,
served with Tuna & Sweetcorn.
DESSERT: Fresh Fruit

TEATIME MENU

MONDAY WEEK 1

Bagels with Cream Cheese & Cucumber
Fresh Fruit

TUESDAY WEEK 1

Rainbow Crunch Tuna Pasta Salad
Flapjack

WEDNESDAY WEEK 1

AMake Your own Wraps with Ham,
Lettuce, Tomato, Cheese and Mayonnaise
Fresh Fruit

THURSDAY WEEK 1

Cheesy Crumpets with Fresh Tomatoes &
Cucumber Crudites
Buttery Shortbread Biscuits

FRIDAY WEEK 1

MAIN: Roasted Pepper, Red Onion & Pork Sausage
Casserole with Parmentier Potatoes.

DESSERT: Fresh Fruit Platter